

Applying To An ENT Residency



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Panelists: Mary Jue Xu, MD, maryjuexu@gmail.com; Isaac Wasserman, MD, MPH, wasserman.isaac@gmail.com; Gaelen Stanford-Moore, MD, MPhil, gaelen.stanford-moore@ucsf.edu; Rolvix Patterson, MD, MPH, rolvixiii@gmail.com

1. Choosing A Specialty

- **Research during training**
 - How do you hit the ground running for your research block during your residency?
 - Set your research up during your junior years so that you can actually be on the ground for international research during your dedicated research time
 - You can work with organizations outside of your residency program to establish or get involved in research
 - Look for projects that you can do from home since travelling during residency may be difficult
 - Collaborate with others who share your passions
 - T32 residency (NIH-funded, gives 1-2 years of dedicated research time)
 - Look at faculty in program and what projects they are doing

2. How To Approach Your Residency Application & Interviews

- Look for how your interviewers/ attendings respond to your goals (eg: your goals to include global surgery in your practice and research)
- Pay attention to how you feel at/ about each program

3. Choosing A Residency Program

- Culture of people respecting the idea of global surgery research and involvement
- Even if the program isn't engaged in global surgery, there are many other resources (eg: law, public health, or other programs) that you can lean on at your institution or in your area to get involved
- Most important thing is to first become an excellent surgeon. If you can't maintain the level of involvement that you want in global surgery during residency (and even if you can) focus on becoming a great surgeon so that you can maximize the opportunities that you will have and create later in your career
- Look for a place where you will enjoy going on call (relationships with co-residents, patients, etc.). Find people that you like to be around.
 - Reach out to residents at programs you're interested in get to know them while you're applying
 - Do a SubI, you'll get to see the program at its best and at its worst

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4. Seeking Mentorship

- Especially during research in med school, the mentor is often more important than the project
- Didn't have time to do global surgery work abroad, but the same barriers to access to care globally occur here at home as well. Look for ways that you can address those barriers at home to keep working and keep that drive alive
- Use the international projects that are already available at your institution. Plug into a bigger system and see how they operate

5. Resources {compile programs with global surgery curricula, fellowship, research funding sources}

- **Join the Global OHNS initiative!!!!**
 - Twitter and email
 - Our goal is to create an international representative group of students, trainees, and providers who are dedicated to filling in the knowledge gaps that exist in the burden of and access to ENT care globally
- Enroll in global surgery curriculum (UCSF, PGSSC)
- Programs that have established global surgery relationships or are willing to open their program to create those relationships (by all means not comprehensive):
 - Harvard
 - UCSF
 - Duke
 - Miami
 - Emory
 - Vanderbilt
 - MD Anderson
 - Pitt
 - UW
 - Johns Hopkins
 - Stanford
 - Michigan
 - Mount Sinai
 - Mayo
 - County hospitals w/ public health funding

6. Challenges specific to ENT?

- ENT generally focuses on quality of life, whereas global surgery has historically been focused on quantity of life
- hard to get data and current data isn't great
- lots of overlap with other specialties

7. Is clinical research preferred in ENT over basic and global surgery research?

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- Absolutely. Global health research tends to take a longer time because it is not as well established, so do other projects while you are working on global health research.